

PROMOTING WELLBEING AND HEALTH AWARENESS

Supported by players of



**PEOPLE'S
POSTCODE
LOTTERY**

Awarding funds from

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ENFIELD DEAF SOCIAL CLUB HAVE FUNDING FROM PEOPLE'S POSTCODE TRUST

We will have various speakers to come to presentation about Promoting Wellbeing and Health Awareness for Deaf People and Hard of Hearing.

Social Care/Health - 31st January - 7.45pm**
Diabetes - 7th February - 8pm *
BSL Healthy Mind - 21st February - 8pm**
Blood Pressure - 14th March - 8pm*
Strokes - 4th April - 8pm*

* We will supply BSL interpreter.

** BSL Speaker

To be confirmed : **Dementia**
Cancer
First Aid Course
Food Nutrition

When: Start January 2017 - please see the programmes - dates/Times

Where: Park Ave Resource Centre,
65c Park Ave, Bushill Park,
Enfield, EN1 2HL

Contact: enfielddc@gmail.com

Text Mobile only: 07960856144

Website: www.enfielddeafclub.co.uk

Club open at 7pm to 10pm

Sell Tea/coffee/cakes